Emerging Concept of Dupuytren's Disease

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ABSTRACT

disease is disorder of Dupuytren's а fibroproliferative condition causing thickened and contracted of the palmar fascia. The pathophysiology behind this disease is complex and multifactorial. Some major factors are genetic predisposition, inflammatory response, comorbidities, and environmental trauma, factors. The treatment options for Dupuvtren's disease are divided into non-surgical and surgical management. Needle fasciotomy and fasciectomy are some of the most common surgical procedures chosen. Novel non-surgical treatment option as the recent advance in the treatment of the disease is the injection of collagenase Clostridium histolyticum (CCH). One of the pitfalls of Dupuytren's management is the high possibility of the disease's recurrence along with some other post-intervention complications. Rehabilitation following the interventions is needed to manage the maximum range of motion and curtail the inflammatory response after the cord disruption.

Keywords: Dupuytren's disease, clostridium histolyticum, fasciectomy

INTRODUCTION

disease Dupuytren's is a fibroproliferative disease of the hand which may lead to fixed flexion contracture. The condition may also cause a functional disturbance of the affected digits.¹ The disease is explained by a French Surgeon, Baron Guillaume Dupuytren back in 1830s.² This condition caused bv aberrant accumulation of collagen resulting in the occurrence of palmar aponeurosis thickening and joint contracture. The contracture may affect the joint of the hand metacarpophalangeal (MCP), including proximal interphalangeal (PIP), and also distal interphalangeal joints.^{3,4} Fixed flexion contracture of the digits restricts the hand movements and functions.^{1,3} Dupuytren's disease affect around 12% of Western population at the age of 55 years old, and rising to 29% among elderly at the age of 75 vears old.⁵ It is estimated that the predicted prevalence of Dupuytren's disease is around 7,3%. Annual incidence is thought to be around 3 cases per 10.000 adult.⁶ A study also showed that the overall prevalence of the high-risk group is 0.2% to 50%.^{5,7}

The progression of the disease is varied, it may be initiated with a rigid nodule at the hand which may progressing fibrous collagenous cords expanding through the digits.¹ Later, it may be thickened and contracted resulting in contracture of the digits. It is reported that around 20% to 40% people with Dupuytren disease experienced an impaired hand function.^{1,6,8} As the impact of restricted hand movements and functions. the deformity can critically confine daily activity, self-care, employment, and also curtail the quality of life.¹

The disease may progress badly in several months to years from the onset as it typically develops later in life.⁹ Micro rupture of the collagenase fibres including palmar fascia, proliferation and differentiation of fibroblasts of the hand can be trigger by several risk factor such as lifestyle, trauma, or genetic predisposition.^{10,11} The treatment for this disease can be divided into non-surgical and interventions.^{3,4} Choice surgical of treatment to date for the late-stage of the disease is varied despite of surgical intervention is still the main option for the disease. Complications and post-treatment should be monitored extensively as posttreatment care is important to prevent complications. However, surgical intervention may not guarantee that there is no risk of recurrence.³

New choice of treatment called Collagenase clostridium histolyticum (CCH) is a pharmacological treatment that showing a promising result in the treatment of Dupuytren disease, however there is still definitive pharmacological no exact treatment. In this review.¹² The author will discuss about the overview of Dupuytren disease, including the pathophysiology, etiology, and recent treatment options in treating the disease.

Pathogenesis

complex combination of Α genetic environmental factors, predisposition and protein expression.

Genetic

etiology of Dupuytren's Exact disease is remain unknown however, genetic predisposition is accountable in the development of the disease. These are including family linkage, mitochondrial mutation, Wnt signalling pathway, and HLA type mutation. Based on several study, it was stated that the disease is heritable. It is believed that the mode of inheritance is an autosomal dominant with penetrance variable. It is found that the chance for sibling of Dupuytren disease patients develop the same condition is three times higher. There are also some cases that have been reported which associated with identical twins with Dupuytren disease.⁷ 90% Dupuytren disease patients among Caucasian showed a mutation 16s rRNA gene within the mitochondria.¹³ In Wnt signalling pathway, there are six genes encoded proteins, including SFPR4, RSPO2,

and WNT4.14 Some other fibrotic diseases are also associated with Wnt signalling as it may affect the development of Dupuytren disease.¹⁵ То date. a genome-wide association study (GWAS) showed a significantly tripled risk of acquiring Dupuytren disease. The promotion of myofibroblast proliferation during fibrosis tended to be higher alongside the downregulation of Wnt antagonist, called SFPR4.^{16,17} These statements may support the linkage between Wnt signalling pathway and the occurrence of Dupuytren disease.14,16,17

Changes in immune responses may also play roles in the pathophysiology. Alterations of immune cells resulting in the unbalance level of cytokines and growth factors. These support the fact that a persistent low-grade inflammation may enhance the progression of fibrosis. Diabetes, alcohol consumption, smoking, and aging can increase the oxidative stress lead ischemia which may to and microangiopathy within the fascia of the palm.¹⁸ Ischemia would lead to the production of free radicals along with xanthin oxidase and hypoxanthine. Study showed that increased level of hypoxanthine and xanthin oxidase are found in the palmar fascia of patients with Dupuytren disease.¹⁹ The condition of high free radical level trigger the production of several proinflammatory cytokines including. interleukin-6 (IL-6), IL-1, IL-8, tumour necrosis factor (TNF), transforming growth factor-beta (TGF- β), and many other cytokines.^{18,20} Other environmental factors and comorbidities that may also accountable as the additional risk factors associated with the disease are trauma, HIV, epilepsy, and cancer.18

During the process there are biochemical and histological changes in the tissue resulting in an increased level of extracellular matrix (ECM) protein. Some of the fibroblast of ECM protein are contractile mvofibroblast and collagen.¹⁸ In Dupuytren disease, the changes of ECM protein may vary throughout the distinctive phase of the

disease.²¹ In fact, normal fascia of the palmar mainly consisted of collagen type I.^{18,21} However, the palmar fascia of patients with Dupuytren disease is composed more with collagen type III at the early stage which will be taken over by collagen type I.^{10,22} The ECM homeostasis in Dupuytren disease is highly related with some singlepolymorphisms (SNPs) nucleotide in GWAS. These are linked with matrix remodelling, such as integrin alpha-11 (ITGA11), matrix metalloprotease 14 (MMP14), and discoid domain receptor $(DDR2).^{23}$ The association of these molecules are accountable for developing palmar fibrosis in the disease.

MMP14 is one of MMP proteases family which linked with high-risk locus which may result in Dupuytren nodules overexpression.²⁴ As an essential fibrotic regulator in Dupuytren disease, the elimination of MMP14 in vitro was proven to inhibit both MMP2 activation and cell contraction.²⁵ Another gene that had been describe also having a crucial role of fibrosis regulator is DDR2. Based on its properties, DDR2 is a usual regulator of fibrosis in the liver and lung.^{26,27} It is described there was a likelihood of DDR2 have the same mechanism regarding the promotion of fibroblast and collagen within the fascia of palmar.²³

Clinical Symptoms and Diagnosis

It is more common for the disease to occur in males above 40 years old. Multiple or a singular small nodule may occur in the patient's palmar fascia which later could develop to contracture of the finger.²⁸ The painless. mostly nodules are Early recognition of the disease is important as it may progress to a flexion contracture. Difficulties in doing activities of daily living can be experienced by the patients as the disease may occur bilaterally mostly the fourth digit.²⁹ Luck describe some stages of the disease progression starting with an early proliferative condition in stage 1. The phase is construed with a band and nodule which thickened in the palmar fascia

aponeurosis. The nodule and band may further develop a skin pitting or puckering. In this stage, majority of the tissues are consisted of myofibroblast cells compared collagen cells. The existence to of peritendinous band along with restrictive finger movement defined the stage 2 of the disease. Later in the stage 3, fibrous cord appears following the disappearance of fibroblastic nodules. There is a fusion between skin above and below the nodules and cords, forming a typical flexion contracture which affect the PIP and MCP joints.^{18,30} Any risk factor and comorbidities may accelerate the progression from one stage to the other stages.¹³

In the disease progression, it is estimated only around 50% of patients with nodule that further would develop the cords.³¹ The fourth finger is the most affected digit in Dupuytren disease followed by the fifth, third, second, and first digit. There is also a term for any Dupuytren tissue outside the palmar fascia, it is called Dupuytren diathesis. Dupuytren diathesis includes formation of Dupuytren tissues in (Peyronie's the penis disease), feet (Ledderhose's and disease), knuckles (Garrod's pad). As these tend to be inherited, family history and Northern European ethnicity are the main characteristics of these disease along with other characteristics such as bilateral and ectopic lesions.³²

Non-surgical management

To date, there is no definitive cure for Dupuvtren disease, as the recent treatment options are focusing on maintaining hand function.³³ Despite the last surgery option in correcting the flexion deformity in this late-stage of disease, there are several non-surgical options inclusive of physical therapy, radiotherapy, and also pharmacological therapy such as steroids and vitamin E. However, there are still only limited descriptions regarding the exact efficacy and evidence about these nonsurgical treatments.³⁴ Recently, non-surgical treatment may also be used in the late-stage

of the disease, the injection Collagenase *Clostridium histolyticum* (CCH). CCH injections may offer more faster recovery and minimal complications compared to surgical procedure. *Clostridium histolyticum* is an enzyme which might lysis collagen cords on the palm.^{12,35}

This novel treatment consists of type I and type II collagen combination which dissolve several collagen types, may including collagenases in the Dupuytren disease. The next day after the injection, there will be an extension manipulation to disrupt the cords.²² Phase III study of CCH found that it is safe and effective towards the disease. Adverse events found in two trials. Most adverse events related with the procedure causing peripheral edema. contusion in the site of injection, swelling in the injection extremity.³⁶ The worst adverse events found as it was causing tendon complex regional rupture and pain syndrome (CRPS). 36,37

Other treatment options such as intramodular injection and steroid therapy, unable to show a promising result and also developing a depigmentation or subcutaneous atrophy.³⁸ The newest drug that is still studied heavily is an anti-tumour necrosis factor therapy which may inhibit the TNF that occurred via Wnt signalling pathway.²⁰

Surgical management

During the late stage of the disease, surgical and few operative options are the mainstay of the treatment. Some operative procedures are dermofasciectomy, needle fasciotomy, and limited fasciectomy. These procedures have their own benefits and limitations.^{39,40} The more invasive the surgery, the more successful the procedure to supress the recurrence rate of the disease despite the longer duration of post-surgery recovery. One of the less invasive technique is percutaneous needle fasciotomy which using a hypodermic needle to disrupt the cords. This procedure can be done in outpatient setting and have a recurrence rate of 30% post-surgical compared to only 6%

in limited fasciectomy procedure. Compared to CCH injection, needle fasciotomy showed a promising result in spite of the higher risk of recurrence rate.^{39,41}

Local fasciectomy is done by removing the afflicted fascia over single or more incisions. Compared to other options, this limited fasciectomy has been a good option as it provides quick functional recovery and less invasive procedure. Despite the benefit, this procedure still has a high recurrence rate and early postcontracture.42 One of operative the abandoned operative procedures is radical fasciectomy which is done by the removal of both healthy and afflicted tissue. However, by removing the healthy and afflicted fascia may cause a recurrence of the disease. The most commonly procedure performed is limited fasciectomy which dissects the afflicted tissue longitudinally. The procedure consists of separating the fascia and the fat, the fascia then will be removed from proximal to distal of the hand. This technique usually removes only the afflicted tissue as the fascia next to the cord is separate. Similar to limited fasciectomy, dermofasciectomy also has the overlying contracting skin to be removed and then cover it with a skin graft.⁴²

Outcome of Dupuytren's disease

function is the standard Hand measurement regarding the disease's therapy. It found the motion recovery was reported by most of patients. There are some considerations towards the outcome. Based on the literature, the complication rates following a surgical option vary from with the average of 15% patients. The most usual complications occur are complications during the wound healing and pain. Other complications may also occur, including digital artery and nerve injury, complex regional pain syndrome, and infections. However, data shows that the complication rates raise following the correction of the deformity $>60^{\circ}$.³

The possibility of recurrence of Dupuytren disease should be delivered

completely to the patients as the disease's recurrence rate is high. A 12 years followup study showed a recurrence rate of 47% along with 74% having some types of recurrence.44 There are also some things need to be carefully considered following the surgery. Up to now, it is essential to administer a post-operative rehabilitation programme. The rehabilitation programme useful to prevent future flexion is contracture and maintain the flexibility of the hand. Before starting the therapy, few days of immobilization with splinting is needed following the surgery. Some focuses the post-operative therapy during are utilizing ROM, focusing on wound healing, and managing scar tissue. There are several splinting techniques that can be used which concentrating on continuous extension force on the afflicted digits. Both static and dynamic splinting techniques can be used during different period, as dynamic splint during the day while static during the night. To maximize the ROM, the exercise should be done up to 1 year after the surgery, while weight exercise should be started 4 weeks following the surgery.⁴⁵

The success measurements towards the surgery are often bias as it may failed to fill patient's perspective. In such cases, the emersion of chronic regional pain syndrome or cold intolerance despite the success in correcting the angular deformity.⁴³ To overpass the gap, it is important to provide patients with patient-reported outcomes measures (PROMs).⁴⁶ One of the most common PROM used is disease-specific the Unité instruments such as Rhumatologique des Affections de la Main (URAM) and Disabilities of the Arm, Shoulder and Hand (DASH).⁴⁷ The aim of these scales is to provide a thorough assessment of the impact on patients' quality of life, including recreational activities and daily tasks.⁴⁸

CONCLUSION

Dupuytren's disease is a fibroproliferative condition that may drastically affect the hand function. A

complex combination between environmental factor. genetic predisposition, and comorbidities thought to be the triggering factor. Both surgical and non-surgical treatment might be the management based on the severity level of the contracture. However, none of the treatment may guarantee no recurrence of the disease. Physical therapy should be done following the operative procedure.

Approaching Dupuytren's disease in the future

Even though, this disease originated 2.500 years ago, we are just at the start to knowing the exact pathogenesis. As there are more minimally invasive technique to be done in the office setting, it is important to determine and identify Dupuytren's disease in the early stages. The consensus later in several years may also be needed to provide physician with a better choice of treatment regarding its clinical efficacy and minimal recurrence later following the intervention. Standardized outcome and recurrence reports are needed to be collected as it may allow patients and physicians to compare all of the interventions. Further large studies scale is needed to be conducted towards the successful treatment and recurrence rate for each intervention. Furthermore, future novel therapy in several pathway, Wnt and TNF may also be developed as they may helped concentrating on the pathogenesis of the disease.

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