

Role of Parents in Prevention of Behavioral Problems in School Going Children

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ABSTRACT

Today's Children are tomorrow's citizens. It is the responsibility of parents to take care of their children in preparing them as good citizens. Children especially those who are in school also experience sadness in the early stages of their lives, due to several behavioral and sociological factors, young children can be prone to feeling sorrow especially if parents are not given enough time, assurance, caring and support. These factors may lead in to behavioral problems in school children.

Key Words: Behavioral Problems, Role of Parents, Prevention of behavioral problems.

INTRODUCTION

To prevent behavioral problems in school children parental support and care is essential. Parents are the responsible persons to take care of children. Parents have to follow some steps in preventing behavioral problems in school children. In this the parents have to play major role. The following steps are:

1. Pay attention on the needs of the children: Be attentive in identifying the children need what they require. Make them understand necessity of the needs which is necessary or not. Create positive thinking in children and help them to see in positive way if things are not getting.

2. Always assure a child of your love and support: Parents has to express their love towards their children through words by saying 'Love'. Assure them with your

support when they are in sadness and create self confidence in them.

3. Encourage and Nurture a child's interests: It's important to Encourage and nurturing a child's interests, hobbies, and inclinations will make him or her feel that you support his or her decisions and choices.

4. Spend quality time with children: Even though if both parents are busy, you have to spend quality time together. This bonding time can help children to away from their sadness and other stress factors. It helps to share their problems with parents and their guidance helps to overcome from the problems.

5. Be a good Observer: Parents to have close observation on children's mood and notice their mood swings. If child mood continually fluctuates, it is time to notice and ask the children what's wrong and help them to overcome with that problem your continuous support.

6. Be a role model: Parents are the role model to them. The attitude of parents will influence on children. Show the real love, support and care towards children. Showing a positive approach in solving problems and it can help to acquire the skills needed when he / she has to deal with their problems or issues.

7. Acknowledge the children's efforts and verbally appreciate them: Tell your child specifically what he/she did that you are proud of them.

Summary:

Parents should play a major role to approach in solving problems in school going children. Careful, observation, attention, spending time with children and follow-ups helps to parents to prevent behavioral problems in school children. Parents should play a major role of educator and behavioral therapist.

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